

## Carol Trainor Bio -2009

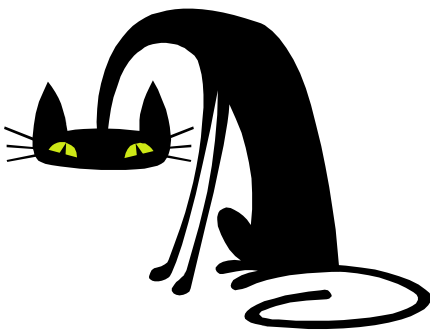
Carol Trainor is a native of Henderson County. She was born in Hendersonville, the youngest of four daughters to Margie and John Youngblood.

Being the youngest by at least six years, Carol often got out of Saturday chores to follow her dad around town. Carol's dad knew everyone and Saturdays were always so much fun being with her dad, knocking around flea markets and downtown. Carol took after her dad in her ability to communicate with others. Her dad was known for his wonderful disposition and never having met a stranger. Carol has been overheard to say that her cat was one of the best listeners she knew.

Carol went to high school in Henderson County at East Henderson High, followed by a year at Blue Ridge Community College. Years later she finished her education in Spartanburg, SC at Spartanburg Technical College and USCS.

Carol started her Human Resource career when she moved to Spartanburg, SC with a family owned Electrical Contractor in 1985. A few years after Hurricane Hugo hit, the business filed chapter 11 and closed its doors. Carol later worked with Spartanburg Water System, Amoco Fabrics and Fibers and The United Way of the Piedmont before moving back to Hendersonville and taking the position at Manual Woodworkers & Weavers. She has been with Manual since March of 1998 as the Human Resource Manager/Safety Director and Security Director.

In the course of Carol's career, she has held the position of Benefits Coordinator, Safety Director, Community Relations Coordinator, Security Director and Human Resource Manager. Carol is happily married and celebrated her third anniversary in August of this year. In her words, "I had to kiss a lot of frogs to find my prince". Carol and her husband Chuck live in a wonderful little townhouse in Hendersonville with their orange tabby cat, Oscar.



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