



**2009 Western Carolina Health and Safety School**  
*Bringing Safety Leadership To Life*

**Pre-Conference Events**

**Wednesday, November 4**

10:30am - 3:30pm	Golf Event Welcome and Tee Time <b>Ben Stacy</b> <b>Chuck Cronk</b>	Grove Park Inn  Golf Sub-Committee
1:00pm - 5:00pm (estimated return time)	Technical Tour Event Welcome and Departure <b>Lisa Foster-Morrow, CET</b> <b>Jessica Ellis</b> <b>Sara McHone</b> <b>Susan Barbee</b> <b>Kathy Osborne</b> <b>Jeremy Nauer</b>	Asheville Crowne Plaza Resort  Biltmore Estate and Tour of Historic Asheville  Tech 01  Laurel Registration - Exposition Center Program Sub-Committee

**Day 1**

**Thursday, November 5**

7:00-8:00am	Registration Visit Exhibitors	Exposition Center Exposition Center
8:00-8:25am	Session 100 <b>General Session</b> Opening Remarks Logistics Welcome to Asheville	Exposition Center  Jeff Stutts Dee Queen Terry M. Bellamy
8:25-8:45am	Department of Labor Welcome	Tim Childers, Western Chief  NC Dept. of Labor
8:45 - 9:45	Session 101 <b>Keynote Address:</b>	<b>Bill Sims Jr.</b>  Green Beans & Ice Cream--The Recipe for Behavior Change

**All Breaks, Lunch and General Session Events will be held in the Exposition Center**

Track	Technical/Engineering Standards/Regulatory Issues	Safety Management/Environmental Management	Risk Management/Insurance/Healthcare	Training/Human Behavior	Business Skills/Career/Personal Development/Security	10-Hour Construction	Funeral Home Directors	NCALGESO (Open for NCALGESO Members Only)
Room:	Pilot	Dogwood	Exposition Center	Mitchell	Pisgah	Roan	Foxfire I	Foxfire II
9:45 - 10:00	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors
	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>	<b>Break out Sessions:</b>
	Session 102	Session 103	Session 104	Session 105	Session 106	Session 107	Session 108	Session 109
10:00-10:45	CTPAT Standard: Guide for Successful Implementation  Carol Y. Trainor, PHR, Manual Woodworkers & Weavers	How is Your Fall Protection Program?  <b>Kent Earle, Capital Safety (DBI Sala)</b>	Workers Compensation and the Upper Extremity  David C. Napoli, M.D., Blue Ridge Bone and Joint	Management of High-Risk Injured Workers: Evidence-based or Not?  Terence E. Fitzgerald, PhD, ABPP; The Center for Occupational Rehabilitation (COR), Asheville	Healthy Body: How Onsite PT Can Benefit the Workplace  Charise Lord PT, CEAS, CWT, Care Partners	OSHA Update & Resources  Ric Cruz, Department of Labor OSHA, Lisa Foster-Morrow, CET, Continental	Why Plan For Disasters?  Jerry VeHaun, Buncombe County Emergency Management	NCALGESO: New DOT Regulations Defined  Ben Stacy - Facilitator ; Rick Goes Keeping-U-Safe
	Session 110	Session 111	Session 112	Session 113	Session 114	Session 115	Session 116	Session 117
10:50 - 11:35	Nanotechnology  Jim Lockridge, PE, CIH, CSP, Safety Professionals	OSHA 300 Log and the OSHA Recordkeeping Standard  Marc Scripps, Eaton Corporation	Skin Diseases and Outdoor Workers: Are You Legally Exposed?  Sarah Gayle, American Cancer Society, Sandra King, Attorney, Russell and King	Trainer Tips: Tricks for Teaching Adults More Effectively  Michelle Dunham, MSPH, MSM, Georgia Tech Research Institute, Safety and Health Consultation Program	Contractor Program Management  Mike Bingham	How to Survive a Fire Prevention Inspection and Why Its Important  Chief Joey Webb, Fire Chief Waynesville, Jason Rogers Code Administrator Town of Waynesville	Examples of Disaster Plans  Jerry VeHaun, Buncombe County Emergency Management	NCALGESO: New DOT Regulations Defined  Ben Stacy - Facilitator ; Rick Goes Keeping-U-Safe
11:35-12:50	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors	Lunch/Visit Exhibitors
	Session 118	Session 119	Session 120	Session 121	Session 122	Session 123	Session 124	Session 125
12:50 - 1:35	Understanding NFPA 70E and Arc Flash Hazards  Jorge Cardenas, NCDOL	Pandemic Flu Epidemiology and Planning  Dr. Martha Salyers, MD, Team Leader, Public Health Regional Surveillance Team 6	Worker's Compensation Forum; Session A  Ron Neimkin, MD, Jane Jackson, Attorney; Dawn Steadman, Adjuster	Navigating The Bermuda Triangle: Interaction Between ADA, FMLA and Workers' Compensation  Al Osbah, MD	Active Shooter Survival  Johnny Lee, Peace@Work	Stairways, Ladders and Scaffolds  Ron Gildersleeve, SOS Consulting	Mass Fatalities and the Local Funeral Director  Jerry VeHaun, Buncombe County Emergency Management	NCALGESO: New DOT Regulations Defined  Ben Stacy - Facilitator ; Rick Goes Keeping-U-Safe
	Session 126	Session 127	Session 120b	Session 128	Session 129	Session 130	Session 124b	Session 131
1:40-2:25	Environment 101: Environmental Review for Safety Managers  Spring Allen, Hazardous Waste Section, Division of Waste Management, NC Department of Environment and Natural Resources and Matthew Wallace, PE, MACTEC	NIMS  Clint Gorman, Department of Emergency Services of Buncombe County	Worker's Compensation Forum, Continued; Session A  Ron Neimkin, MD, Jane Jackson, Attorney; Dawn Steadman, Adjuster	New Ideas for Safety Training/Meetings  Sean Barbee, Griffin Masonry	Leadership Forum: "Do You Measure Up? The Safety Metrics that Matter to Management."  Jim Jones, Director of Operations, Jeff Ramer, Director of Engineering, Aprotech ; ASMO Management Representative ; Michael Poore, Pres. & CEO of Haywood Regional Medical Center	Electrical Safety  Ron Gildersleeve, SOS Consulting	Mass Fatalities and the Local Funeral Director, continued  Jerry VeHaun, Buncombe County Emergency Management	NCALGESO: New DOT Regulations Defined  Ben Stacy - Facilitator ; Rick Goes Keeping-U-Safe

Day 1 Thursday, November 5

2:25 - 2:45	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors
	Session 132	Session 133	Session 134	Session 135	Session 136	Session 137	Session 138	
2:45 - 3:30	Combustible Dust Hazards and Protection for your Plant	Safety Committee Development	Worker's Compensation Forum; Session B	Ergonomics	Training for Back Injury Prevention in Industrial Settings.	Tools, Hand and Power	Mutual Aid and Other Resources	Safety Management Track B (Open to All Attendees)
	Don Cashman, FM Global	Mike Bingham	Al Osbahr, MD; Jane Jackson, Attorney; Dawn Steadman, Adjuster	Ron Hoechstetter, Care Partners	Jeremy Nauert, Colbond	Steve Davis, Department of Labor	Jerry VeHaun, Buncombe County Emergency Management	
	Session 132b	Session 139	Session 134b	Session 140	Session 141	Session 142	Session 143	Session 144
3:35-4:15	Combustible Dust Hazards and Protection for your Plant, continued	Distracted Driving: What You Need to know and How You Can Prevent Incidents.	Worker's Compensation Forum, Continued; Session B	Cyber Security	Safety Motivation and Incentives with a Zero Budget	Health Hazards in Construction, Identifying and Avoiding Hazards (OSHA Four Focus Hazards)	Bloodborne Pathogens	Is That The Truth?
	Don Cashman, FM Global	Brendan Byrnes, Vice-president AAA Carolinas Foundation for Traffic Safety, Steve Phillips, Manager of Traffic Safety, AAA Carolinas	Al Osbahr, MD; Jane Jackson, Attorney; Dawn Steadman, Adjuster	Cyber-Security Expert, FBI, Quantico	Jeremy Nauert, Colbond	Sean Barbee, Griffin Masonry	Tricia Cruse, Evergreen Packaging	Don Rabon
	Session 145	Session 146	Session 147	Session 140b	Session 148	Session 149	Session 150	
4:20-5:05	The New and Modified NFPA Regulations	You are the New Safety Manager...Now What??	Enhancing Workplace Safety with Visual Instructions	Cyber Security, continued	Preventing Violence in the Workplace: A Case Study	Confined Space Entry, Trenching and Excavation	Designing and Conducting Mold Investigations	
	Wayne Hamilton, City of Asheville Fire and Rescue, Fire Marshal	Andy Spradley, Biltmore	Benjamin Farmer, Colbond	Cyber-Security Expert, FBI, Quantico	Kevin Kopp, Roberts and Stevens, P.A.	Lisa Foster-Morrow, CET, Continental	Jim Lockridge, PE, CIH, CSP, Safety Professionals	

5:00-11:00

Reception - Exposition Center  
Band - 7pm-11pm

Day 2 Friday, November 6

7:00-8:00	Exposition Center Opens - Vendor Booths Open							
	Session 151	Exposition Center						
8:00-8:20	General Session	Jeff Stutts	Board President					
	Opening Remarks Day 2							
8:20-8:35	Virginia Parker Scholarship Announcement/Tribute	John Miall, AA, BA, ARM						
8:35-9:00	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	Break/Visit Exhibitors	
	Track	Safety Management/Environmental Management	Risk Management/Insurance/Healthcare	Training/Human Behavior	Business Skills/Career/Personal Development	10-Hour Construction	Safety Management/Environmental Management	Safety Management Track B (Open to All Attendees)
	Room:	Pilot	Dogwood	Exposition Center	Mitchell	Pisgah	Roan	Foxfire I
	Break out Sessions:	Break out Sessions:	Break out Sessions:	Break out Sessions:	Break out Sessions:	Break out Sessions:	Break out Sessions:	Break out Sessions:
	Session 152	Session 153	Session 154	Session 155	Session 156	Session 157	Session 158	Session 159
9:00-9:45	NFPA 70E: An Introduction to the Standard	Case Study: Thinking Outside the Box for a Solution to Eliminate Hand Injuries	Safety as a Profit Center While Protecting the Company's Brand/Reputation	The Nature Lesson (Biology 101) or How to Thin a Herd and Stay Safe	Diabetes: How Diabetes and Obesity are Changing the Workplace	PPE for Construction and Outdoor Work (Including Fall Protection)	Continuity of Operations after Emergency Situations and Disasters	Overview of the New Flagger Rules
	Kevin Wiedman, Cintas	Johnny Wyrick, ESSR	Edwin Foulke Jr., Fisher and Phillips LLP	Jonathan Gobble, CET, Western Carolina Industries	Brian J. Caveney, MD, JD, MPH, President, Carolinas Occupational & Environmental Medicine Association, Clinical Associate, Division of Occupational & Environmental Medicine, Duke University Medical Center	Mark Weaver, QSSP, Hagemeyer	TBA	Sara McHone, City of Asheville Water Administration
	Session 160	Session 161	Session 162	Session 163	Session 164	Session 165	Session 166	Session 167
9:50 - 10:25	The New OSHA: Changes in the New Administration and What's Down the Road		Wellness Programs: How to Effectively Implement and Motivate Employees to Participate	Accident Investigation: The Herd is Thin and a Member is Injured.....Now What?	Asheville & Beyond... Improving Care and Reducing Costs	Modifications to the Crane and Derricks Standard. Are you in Compliance?	ANSI's New Slip, Trip and Fall Standards and How They Will Affect You	How to Sell Safety to Upper Management
	Kevin Beauregard, CSP, CPM, Assistant Deputy Director North Carolina Department of Labor		Elisabeth Fouts, District Fitness Manager - Asheville, RUSH Fitness	Jonathan Gobble, CET, Western Carolina Industries	John Miall, AA, BA, ARM	Tom Savage, NC Department of Labor	Allen McCullough, AEP, RET Director Environmental Health and Safety Institute, Blue Ridge Community College	Dennis Parnell, North Carolina Industrial Commission
10:40 - 12:15	Session 168 Keynote Address:	Exposition Center Brian Biro						Breakthrough Leadership
12:15 - 12:45	Session 169 Closing Remarks Drawings	Jeff Stutts Dee Queen	Board President Board Vice-President					